



TESTOPEL® Pre/Post Insertion Instructions

TESTOPEL® Pre-Insertion

- Consult your healthcare provider for instructions regarding medication use prior to insertion.

TESTOPEL® Post-Insertion

- Apply ice for approximately 15 minutes to assist with swelling and/or discomfort.
- Top dressing can be removed after approximately 24-48 hours.
- Steri-strip bandages will come off naturally after approximately 4-5 days.
- Refrain from swimming pool or use of Jacuzzi/hot tub, sauna/steam shower for approximately 72 hours.
- Refrain from heavy lifting or activity that can exert pressure on insertion site for 48 hours.
- Contact your healthcare provider if discomfort persists for more than 5 days.
- Contact your healthcare provider immediately if infection or pellet extrusion is suspected.

IMPORTANT SAFETY INFORMATION

TESTOPEL® may produce the following adverse events: breast development and breast discomfort, extra fluid in the body (edema), prostate enlargement accompanied by difficulty in urinating and changes in cholesterol blood levels. Men with carcinomas of the breast or with known or suspected carcinomas of the prostate should not take **TESTOPEL®**. Pregnant women should also not take **TESTOPEL®**.